

Positive Mental Attitude!



- **NO-ONE IS STUPID:** EVERY STUDENT HAS A MOUNTAIN OF UNUSED ABILITY. MOST OF US NEVER PERFORM AS WELL AS WE COULD. **OTHER PEOPLE THEREFORE DO NOT HAVE A BETTER BRAIN.** PEOPLE WHO ARE CONSIDERED INTELLIGENT HAVE SIMPLY MASTERED THE ART OF USING THEIR BRAIN MORE THAN OTHERS.
- REMEMBER YOU ARE AS GOOD AS ANYONE AND CAN BE BETTER, BUT **ONLY IF YOU** WANT TO.
- **STUDYING IS LIKE SOCCER.** THE MORE YOU PRACTICE THE MORE YOU IMPROVE! (NOT EVERYONE CAN MAKE IT TO THE PREMIERSHIP!)
- BECAUSE SOME STUDENTS HAVEN'T YET DONE AS MUCH PRACTICE THEY MIGHT HAVE **TO TRY HARDER** THAN OTHERS!
- MANY STUDENTS SAY THAT THEY DON'T HAVE THE ABILITY TO LEARN LANGUAGES. JUST REMEMBER THAT WE LEARNT THE ENGLISH LANGUAGE BY THE AGE OF 2 OR 3.
- THE ONLY REASON THAT SOMEONE IS DOING BETTER THAN YOU IS THAT THEY HAVE BETTER **STUDY METHODS** AND ARE **MOTIVATED** MORE. (SO CHANGE YOUR METHODS AND FIND YOUR MOTIVATION!)
- IF YOU TELL YOURSELF THAT YOU CAN'T SUCCEED, AND THAT EVERYONE IS BETTER THAN YOU, THEN **THAT IS THE WAY IT WILL BE!**
- **TECHNIQUES** IF APPLIED WILL GIVE YOU AN ADVANTAGE. IT WON'T HAPPEN OVERNIGHT. YOU HAVE TO **WORK HARD** AT THEM. IF YOU WANT TO YOU WILL SUCCEED.

Avoiding Boredom:

A change is as good as a rest!

Reading Rapid Revision Books: These books greatly reduce the amount of material you have to read and so save a lot of time. But they are no substitution for hard work!

Reading your Notes: Good chapter notes allow for constant revision. The time spent making these notes is never wasted!

Self-testing using Study Cards: These study cards only contain the main headings of the chapter or your notes on the chapter. If you can't remember the details you can check them in the chapter or your notes and then try again!

Writing full answers to questions from past papers: You should do this for some questions to practice your answering and timing so that you will not lose marks because of bad technique on exam day. You must include answers to questions as part of your study because exams don't just test your ability to remember information they test your ability to answer questions!

Reading 'old' homework: Many of these questions are similar if not the exact same to those you will see on the exam paper. These 'old' friends won't let you down.

Quiz and be quizzed: This is a brilliant method of study. All you need is a willing partner, even a parent will do! This is a method that students can use in a 'free class'.