

MY OPTIONS LESSON PLAN



MY OPTIONS - LESSON PLAN

LESSON TITLE:
**MY
OPTIONS**

AIMS

This lesson will:

- Explore what options are available to the students when they finish post-primary school.



OUTCOMES

At the end of this lesson students will be able to:

- List and explain a variety of pathways students could follow when they finish post-primary school.



LINKS TO JUNIOR CYCLE KEY SKILLS

- Communicating (Listening and expressing myself, discussing and debating, using language).
- Managing myself (Knowing myself, making considered decisions, using digital technology to manage myself and my learning).
- Staying well (Being healthy, being social, being safe, being responsible).
- Being creative (Exploring options and alternatives, implementing ideas and taking actions).
- Working with others (Learning with others, respecting difference, developing good relationships, co-operating).
- Managing information and thinking (Gathering and recording information, being curious, thinking critically, using digital technology to access, manage and share knowledge)



LINKS TO JUNIOR CYCLE STATEMENTS OF LEARNING

In this lesson students will

- Take action to safeguard and promote her/his wellbeing and that of others.
- Has an awareness, knowledge, skills, values and motivation to live sustainably.
- Bring an idea from conception to realisation.



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LINKS TO WHOLE SCHOOL GUIDANCE



Developing Myself

In this lesson students will

- Develop & maintain self-esteem & a positive self-concept.
- Interact effectively with others.
- Develop & grow throughout life.
- Students will be able to identify and describe their personal qualities, attitudes and strengths, interests and how they influence behaviour.
- Students will be able to demonstrate effective social skills when cooperating, collaborating & negotiating with peers and teacher.
- Students will be able to participate in a range of activities & tasks to enhance emotional, social, cognitive & physical development.
- Ask for help when required.

Developing my Career Path:

- Explore the education requirements for further study & career interests - Access information re further study/employment/apprenticeships
- Explore different career/occupational search tools & resources
- Describe the importance & ways of accessing career related information (e.g. online, parents, teachers, school personnel, community workers etc)
- Identify how to access information sources
- Make informed decisions on future education/training opportunities using career related information taking account of their interests & abilities

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MATERIALS NEEDED FOR THIS LESSON

BY TEACHER	BY STUDENTS
<ul style="list-style-type: none">• PowerPoint• Worksheets	<ul style="list-style-type: none">• Worksheets

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OPENING 'THE HOOK'



THINK PAIR SHARE! Students discuss 'What options they think are available after school?'

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BODY OF LESSON

TEACHER ACTIVITIES

STUDENT ACTIVITIES

Teacher informs students of the options available to them after school. These options include:

- Third Level Education
- Post Leaving Cert Courses (PLCs)
- Apprenticeships
- Graduate Programmes
- Employer Sponsored Programmes
- Study Abroad
- Work
- Work Experience
- Volunteering
- Gap Year
- Repeat Leaving Certificate

Students given information on options after they finish school.

Teacher directs students to their worksheet where they must think about some of the options they would like to explore when they finish school.

Students complete their worksheet on exploring some of the options they would like to explore when they finish school.

CONSOLIDATION OF LEARNING



Finally, the teacher re-examines the lesson's aims.