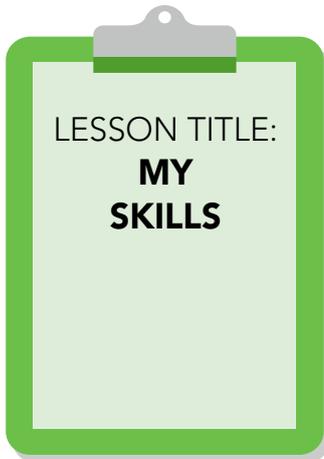


MY SKILLS LESSON PLAN



MY SKILLS - LESSON PLAN



AIMS

This lesson will:



- Identify what skills are and why they are important.

OUTCOMES



At the end of this lesson students will be able to:

- Explain what skills are.
- Give examples of how their skills can be transferred to different settings.

LINKS TO JUNIOR CYCLE KEY SKILLS



- Communicating (Listening and expressing myself, discussing and debating, using language).
- Managing myself (Knowing myself, making considered decisions, using digital technology to manage myself and my learning).
- Staying well (Being healthy, being social, being safe, being responsible).
- Being creative (Exploring options and alternatives, implementing ideas and taking actions).
- Working with others (Learning with others, respecting difference, developing good relationships, co-operating).
- Managing information and thinking (Gathering and recording information, being curious, thinking critically, using digital technology to access, manage and share knowledge)

LINKS TO JUNIOR CYCLE STATEMENTS OF LEARNING



In this lesson students will

- Take action to safeguard and promote her/his wellbeing and that of others.
- Has an awareness, knowledge, skills, values and motivation to live sustainably.
- Bring an idea from conception to realisation.

MY SKILLS - LESSON PLAN

LINKS TO WHOLE SCHOOL GUIDANCE



Developing Myself

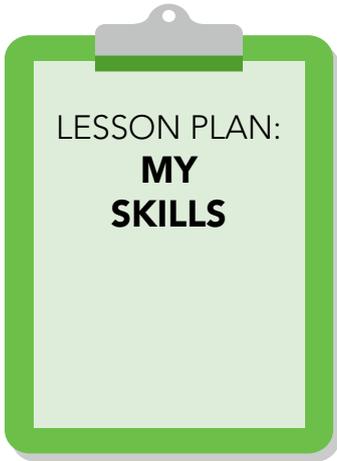
In this lesson students will

- Develop & maintain self-esteem & a positive self-concept.
- Interact effectively with others.
- Develop & grow throughout life.
- Students will be able to identify and describe their personal qualities, attitudes and strengths, interests and how they influence behaviour.
- Students will be able to demonstrate effective social skills when cooperating, collaborating & negotiating with peers and teacher.
- Students will be able to participate in a range of activities & tasks to enhance emotional, social, cognitive & physical development.
- Ask for help when required.

Developing My Learning:

- Identify transferable skills.

MY SKILLS - LESSON PLAN



MATERIALS NEEDED FOR THIS LESSON

BY TEACHER	BY STUDENTS
<ul style="list-style-type: none">• PowerPoint• Worksheet	<ul style="list-style-type: none">• Worksheet

AIMS

This lesson will:

- Identify what transferable skills are and why they are important.



OUTCOMES

At the end of this lesson students will be able to:

- Explain what skills are.
- Give examples of how their skills can be transferred to different settings.



OPENING 'THE HOOK'

First the teacher asks students what 'skills' are. Teacher takes class feedback and discussion. Teacher then tells the students what 'skills' are.



MY SKILLS - LESSON PLAN

BODY OF LESSON

**TEACHER
ACTIVITIES**

**STUDENT
ACTIVITIES**

Teacher asks students what they think 'skills' are.	Students give feedback on what they think 'skills' are.
Teacher defines 'transferrable skills' and follows with an example. Teacher explains why transferrable skills are important and gives students examples of transferrable skills they already have.	
Teacher then directs students to worksheet on 'transferrable skills.' After matching the skills to the categories, the teacher goes through the answers.	Students complete activity on matching skills to the categories.

CONSOLIDATION OF LEARNING



Finally, the teacher re-examines the lesson's aims.