

'MY PATHWAYS' **(OPTIONS AFTER** **POST-PRIMARY SCHOOL)** **LESSON PLAN**



'MY PATHWAYS' (OPTIONS AFTER POST-PRIMARY SCHOOL) - LESSON PLAN

LESSON TITLE:
**'MY
PATHWAYS'
(OPTIONS
AFTER
POST-PRIMARY
SCHOOL)**

AIMS

In this lesson students will:



- Learn WHY they are in School.
- Understand why the different stages of the education system are important.
- Understand what subjects are important for their future careers.
- Gain an insight into the skills needed for the world of work!
- Consider different decisions that are important in getting on to the next stage of their life.
- Reflect on their hopes and desires for this stage of their educational journey – post-primary school.

OUTCOMES

At the end of this lesson students will be able to:



- Identify the necessary entry requirements for progressing on to the next level i.e college (from post- primary to further education and training).
- Discuss what subjects are important for their future careers.
- Identify the skills needed for the world of work.
- Students will understand the importance of linking in with the appropriate school supports e.g. the Guidance Counsellor / SEN Coordinator if they have any concerns about their learning.
- Write a letter to their future selves about their hopes and wishes for this stage of the educational journey.

LINKS TO JUNIOR CYCLE KEY SKILLS



- Communicating (listening and expressing myself, discussing and debating, using language).
- Managing myself (knowing myself, making considered decisions, using digital technology to manage myself and my learning).
- Staying well (being healthy, being social, being safe, being responsible).
- Being creative (exploring options and alternatives, implementing ideas and taking actions).
- Working with others (learning with others, respecting difference, developing good relationships, co-operating).
- Managing information and thinking (gathering and recording information, being curious, thinking critically, using digital technology to access, manage and share knowledge).

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LINKS TO JUNIOR CYCLE STATEMENTS OF LEARNING



In this lesson students will

- Take action to safeguard and promote her/his wellbeing and that of others.
- Bring an idea from conception to realisation.

LINKS TO WHOLE SCHOOL GUIDANCE



Developing Myself

In this lesson students will

- Develop & maintain self-esteem & a positive self-concept.
- Interact effectively with others.
- Develop & grow throughout life.
- Be able to identify and describe their personal qualities, attitudes and strengths, interests and how they influence behaviour.
- Be able to demonstrate effective social skills when cooperating, collaborating & negotiating with peers and teacher.
- Be able to participate in a range of activities & tasks to enhance emotional, social, cognitive & physical development.
- Ask for help when required.

Developing My Career Path

In this lesson students will

- Explore the education requirements for further study & career interests.
- Recognise personal qualities & attitudes required for working life.
- Understand the career decision making process & the importance of making informed decisions.
- Describe how attitudes & motivation can affect career planning & decision making.

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MATERIALS NEEDED FOR THIS LESSON

BY TEACHER

- PowerPoint
- Worksheet

BY STUDENTS

- Worksheet

AIMS

In this lesson students will:

- Learn WHY they are in School.
- Understand why the different stages of the education system are important.
- Understand what subjects are important for their future careers.
- Consider different decisions that are important in getting on to the next stage of education.
- Reflect on their hopes and desires for this stage of their educational journey – post-primary school.



OUTCOMES

At the end of this lesson students will be able to:

- Outline the Irish Education System.
- Write a letter to their future selves about their hopes and wishes for this stage of their educational journey.



OPENING 'THE HOOK'

Ask students 'Why are you in school today?'

Ask a few volunteers to share their reasons for being in school.

Write these answers on the board.



'MY PATHWAYS' (OPTIONS AFTER POST-PRIMARY SCHOOL) - LESSON PLAN**BODY OF LESSON****TEACHER
ACTIVITIES****STUDENT
ACTIVITIES**

Teacher asks students "Why are you in School?"
Feedback is given and written on the board.

Students respond with suggestions.

Teacher reads the Letter to David called
"Advice from the Real World" to help students
to understand WHY they are in School.

After listening to the letter to David, with the
person beside them students are asked to re-
read this letter. While they are reading it, they
should circle any word or phrase that they think
relate to a school subject.

Teacher notes answers and discusses the
findings with the students.

In class discussion on the skills developed in
school that were needed for the world of work.

Following this a class discussion on:

- What parts of the baker's job description surprised you?
- How did a college degree improve John's career opportunities?
- What advice would John have given his younger self?

School, It Matters. Teacher asks students to
write a letter to their future selves. Teacher
will keep this letter until graduation. It is
aimed that students will be delighted to
see how far they have developed along their
pathway when this is opened in Sixth Year.

Students asked to write a letter to their future
selves. In this letter they must think about
their future goals and also spend some time
reflecting on their pathway so far.

In the letter students will:

1. Write about themselves at the moment – who is in their family – what their hobbies are, what is important to them – what are their favourite things – who do they look up to?
2. Write about school life – i.e. the subjects they like, the new friends they have met, etc.
3. Write about their dreams and hopes for the for the rest of your time in post-primary school (a subject they look forward to studying, sport they would like to join/ a musical instrument they would like to play or a club they would like to join)
4. Write about their dreams and hopes for the future (after school)
5. Finish with some advice to themselves!

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CONSOLIDATION OF LEARNING



The teacher reminds the students of the importance of school. Teacher reminds them that this is an important and exciting stage on their pathway through life. Finally, the teacher re-examines the lesson's aims.