

MY VOICE AND HOW I PRESENT MYSELF LESSON PLAN



MY VOICE AND HOW I PRESENT MYSELF - LESSON PLAN

LESSON TITLE:

MY VOICE AND HOW I PRESENT MYSELF

AIMS

This lesson will:



- Help students feel more relaxed and confident when speaking in front of people.
- Prepare students for giving a presentation.

OUTCOMES

At the end of this lesson students will be able to:



- Feel more confident about giving a presentation to an audience.
- Identify how they can engage with their audience while speaking.
- Identify tips for giving a presentation

LINKS TO JUNIOR CYCLE KEY SKILLS



- Communicating (listening and expressing myself, discussing and debating, using language).
- Managing myself (knowing myself, making considered decisions, using digital technology to manage myself and my learning).
- Staying well (being healthy, being social, being safe, being responsible).
- Being creative (exploring options and alternatives, implementing ideas and taking actions).
- Working with others (learning with others, respecting difference, developing good relationships, co-operating).
- Managing information and thinking (gathering and recording information, being curious, thinking critically, using digital technology to access, manage and share knowledge).

LINKS TO JUNIOR CYCLE STATEMENTS OF LEARNING



In this lesson students will

- Bring an idea from conception to realisation.

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LINKS TO WHOLE SCHOOL GUIDANCE



Developing Myself

In this lesson students will

- Develop & maintain self-esteem & a positive self-concept.
- Interact effectively with others.
- Develop & grow throughout life.
- Students will be able to demonstrate effective social skills when cooperating, collaborating & negotiating with peers and teacher.
- Students will be able to participate in a range of activities & tasks to enhance emotional, social, cognitive & physical development.
- Ask for help when required.

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LESSON PLAN:
**MY VOICE
AND HOW
I PRESENT
MYSELF**

MATERIALS NEEDED FOR THIS LESSON

BY TEACHER

- PowerPoint
- Worksheet

BY STUDENTS

- Worksheet

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OPENING 'THE HOOK'

Teacher asks students to think of a time when they might have to speak to a group of people. Some examples might include:

- Thanking a group of people for coming to your birthday party.
- Taking part in a club/sport in school where you have to address a group of people e.g. being captain of a team.
- Presenting a Class Based Assessment.
- Making new friends.



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BODY OF LESSON

TEACHER ACTIVITIES

Teacher asks students: with the person beside you discuss the following:

- If you were told you had to give a speech to the class, how would you feel?
- Think about:
 1. Your initial feelings.
 2. Your feelings as you walk up to the front of the class.
 3. Your feelings just before you start your speech.
 4. Your feelings after.

Teacher takes class feedback and writes the student's feelings/concerns on the board.

Teacher tells students that today's lesson will help alleviate some of the worries they may have when speaking to a group/new people.

STUDENT ACTIVITIES

In pairs, students explore how they would feel if they were asked to give a talk in front of the class.

Students give feedback to the class.

Students listen to tips.

After going through the tips students must create a tip Sheet they could pass on to someone else who was worried about speaking to an audience.

CONSOLIDATION OF LEARNING

Finally, the teacher re-examines the lesson's aims.

