Mock Interview Reflection

Date and time of Interview:

Interviewer's Name:

Type of job applied for:

Preparation you made beforehand?

How did you feel when the interview began?

Which questions were especially difficult?

Which questions were especially easy?

What was positive about the experience?

What was negative about the experience?

What did you learn from the experience?

What would you need to do differently the next time?

Describe how this experience has been beneficial?